# PAT'S PATTERNS

for Knitting machines

Patterns to fit you, no matter how you are built!

ISSUE #56 FEBRUARY 1985

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Merry Christmas, Happy New Year, and Happy Valentine's Day to you!

I just celebrated the first two holidays, so Valentine's Day must be just around the corner. In turn, then, spring can't be far away, can it?

Usually I write this letter to you after all the copy for the newsletter is completed. But this month I can't wait. So many nice things have happened that I want to share with you.

First, Patty and Joe Zaccagnini are the proud parents of a tiny daughter, Alyssa Kathleen. She was born December 22, 1985. Although I haven't seen the baby, I talked with Patty about two weeks after the birth, and Patty is feeling fine and says the baby is a "doll". Cards or letters can be sent to them at 6034 Kennedy Avenue, Export, PA 15632.

Second, our son, Ron, his wife, Lisa, and their son, Mathew, came from Chula Vista, CA to visit with us for the holidays. Imagine our joy if you can - we hadn't met either Lisa or Mathew prior to this trip! January 11th marks the 6 month birthday of that chubby cheeked, bundle of happiness that is Mathew. And who could help but fall in love with Lisa. After all, the one thing she wanted for Christmas was a knitting machine. By the time she and Ron left for home, both of them were well on the way to becomming good knitters. Carl, Bobby, and I are going to miss those three. Pippin, our Old English Sheepdog, pouted for three days after they left, since he adored Ron.

Finally, I started to work up a series of articles on charting for this newsletter. The project grew to such proportions that it would have taken two years to include all the material in Pat's Patterns. So, what I am going to do is to include excerpts in the newsletter. The entire work will be available as a book as soon as it is completed. The book will probably be ready within two months, but don't hold me down to a deadline. The longer I work up the material, the more I realize needs to be included. We plan to provide an in depth treatment of all aspects of the subject.

Time out!...I just remembered a pot of beans that was put to simmer three hours ago. They were burned to a crisp and what a stench! I thought I could remember them, but when I am busy with knitting or this newsletter thoughts of everything else disappear. Hope your copy doesn't smell of burned beans!

Pat

# STRICTLY FOR BEGINNERS

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A reader phoned recently to suggest that we might sometime include a dickey pattern, as an alternative to wearing a shirt under a v-neck pullover. So, here are the step-by-step instructions for your own

DICKEY

Yarn: any fingering (double 2/24, Trenzado, Capri, etc.)
Stitch size: 7
One size fits all adults

MAKE TWO PIECES ALIKE

RC000 and carriage at the right, automatic cast on 68 stitches and knit, increasing 1 stitch at each end of rows 2,4,6, and 8, then continue knitting while decreasing 1 stitch at each end of rows 12,14,16, and 18. Knit to row 20. Hang a hem from the cast on edge. Continue knitting to row 114. Take the center 36 stitches (18 each side of 0) off on a length of heavier, contrast color yarn. Set the carriage for partial knitting. Put all needles at the left of the bed into hold position or lift them off onto a length of garter bar and suspend the bar from the sinker posts. *Working just on this one side, RC000. Knit, decreasing 1 stitch full fashioned (move the edge three stitches in one stitch so the third needle will have 2 stitches on it) at the neck edge on rows 1,3,5,7,9,11,13, and 15. Knit to row 16. Break main yarn, leaving a long tail, and remove from carriage. Insert contrast yarn into feeder and knit 8 rows. Break and remove this yarn.* Return all these empty needles to "A" position. Take carriage to the left side of the bed. Return carriage to normal setting or/and replace the other half of the neck stitches onto the needles. Repeat from * to * for the other side. Make the other piece the same.

Join one shoulder seam, right sides together.

Neckband: RC000. Automatic cast on 112 stitches and knit 22 rows at tension 6. Hang a hem from the cast on edge. Wrong side of dickey facing you, pick up the stitches from scrap plus 10 from each side of the neck curves. Bind off loosely!
Side band (make two): RC000. Automatic cast on 132 stitches and knit as the first 20 rows of the dickey. Hang a hem and bind this to the side of the dickey. Do the other the same. Sew the band seams.

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Sometimes it is nice to dress your little girl and yourself to match. Here is a duo of sweaters that's sure to please both of you!

## CHILD'S FAIR ISLE SWEATER

Yarn: 2 ends of 2/24
Tension: 6
Gauge: 7.25 sts & 10 rs = 1"
Sizes: 6,8,10,12

Special fair isle and stripe pattern follows the written instructions for both garments.

BACK

In 1x1 rib at T 4 cast on 94,102, 108,116 stitches. Knit 30 rows. Transfer to the main bed and at T 6 start pattern and knit to row 90,96,110,120.
RC000. Bind off 8 stitches each side, then decrease 1 stitch each side of every other row 2,4,5,6 times.**
Knit to row 50,54,60,66.
Bind off the center 42,42,46,48 stitches.
Shape shoulder by putting needles in hold position as follows:

Size 6: 5 needles 2 times, then 6 needles 1 time

Size 8 & 10: 6 needles 3 times

Size 12: 5 needles 4 times.

Remove to scrap and repeat for the other side.

FRONT

Knit as the back to **.

Knit to row 38,42,48,54.
Bind off 30,30,34,36 stitches at the center, then decrease 1 stitch at the neck edge every-other row 6 times. Shape shoulder as for back.



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Join one shoulder seam.

NECKBAND

In 1x1 rib at T 4 cast on 116,116,126,130 stitches. Knit 16 rows. Hang neck edge over these and bind off.

SLEEVES

Cast on 72,78,88,94 stitches with scrap and knit several rows. Knit 1 row with ravel cord.
RC000 and main yarn knit 104,120,136,150 rows.
Shape cap by putting 4 needles in hold position opposite the carriage every row 12 times. Join sleeve to arm edge.
Cuff: Rehang beginning of sleeve, decreasing to 34,36,38,40 stitches.
In 1x1 rib and T 4 knit 20 rows, then bind off loosely.

## LADY'S FAIR ISLE SWEATER

Yarn and gauge the same as for the child's version.
Bust sizes: 34,36,38,40,42" - Only 1" of ease has been added.

BACK

In 1x1 rib and T 4 cast on 112,120,128,134,142 stitches.
Knit 30 rows.
Transfer to the main bed and at T 6 knit in the pattern, increasing as follows:

34: every 17th row 7 times

36 & 38: every 17th row 6 times, then every 18th row 1 time

40: every 18th row 7 times

42: every 18th row 5 times, then every 20th row 2 times.

Knit to row 140,142,142,146,150.
RC000. Bind off 10 stitches each side, then decrease 1 stitch each side of every-other row 6,9,12,13,16 times.**
Knit to row 70,72,74,76,80. Bind off the center 42,44,46,48 stitches. Shape shoulders by putting needles in hold position at the arm edge every-other row as follows:

34,36, & 38: 5 needles 4 times, then 6 needles 1 time
40 & 42: 5 needles 2 times, then 6 needles 3 times.

FRONT

Knit the same as the back to **.
Knit to row 52,54,56,58,60. Bind off the center 30,32,34,34,36 stitches.

Then, decrease 1 stitch at neck edge every 3 rows 6 times. Knit to row 70,72,74,76,80. Shape shoulder as for back.

Join one shoulder seam.

NECKBAND

In 1x1 rib and T 4 cast on 116,116,126,126,128 stitches. Knit 16 rows. Hang neck edge over these needles and bind off loosely.

SLEEVE

Using scrap cast on 80,84,84,86,92 stitches and knit several rows. Knit one row ravel cord. RC000 and using main yarn, knit in pattern to row 174,176,180,184,190, increasing 1 stitch each side of every 15th row (be sure that you start the armhole shaping on the same row of the pattern as the front and back. If you need to knit a few more rows, add them here, and have less rows in your cuff if necessary).
Shape the cap by putting 6 needles in hold position opposite the carriage 2 times, then 3 needles in hold 12 times. Join this sleeve top to the armhole of the sweater.
Cuff: Rehang bottom of sleeve, decreasing to 44 stitches, and in 1x1 rib and T 4 knit 24 rows, then bind off loosely.

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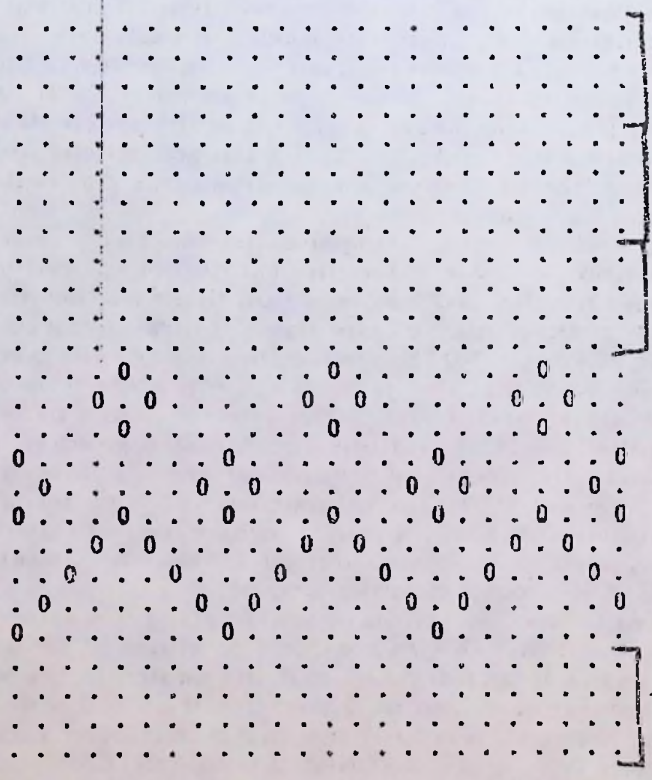
FAIR ISLE AND STRIPE PATTERN

mc = white cc #1 = dark purple
cc #2 = pink cc #3 = light purple

(0 = a punched hole and . = an unpunched area)



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Due to several letters received in recent months, I have decided this issue to give you a lesson:

## ☆☆☆ ALL ABOUT TENSION SWATCHES ☆☆☆

This month I want to address the technique of making a swatch which will be used as the basis for knitting a pattern that has been drawn on the charting paper or for mathematically charting a pattern. Read carefully and learn!

To be accurate, a swatch must be fairly large and it must be measured with a specially designed device. In other words, you cannot make a swatch of 20 stitches and 20 rows, then lay a ruler on it and count the stitches! Secondly, the swatch must be made from the exact, same yarn that you plan to use for the garment. This is due to the fact that different colors of the same yarn yield vastly different gauges. And third, the finished swatch must be handled (washed, dried, steamed) exactly the way the garment will be handled.

So, let's presume that you have a drawn pattern of a classic sweater style that you wish to make. You have selected the yarn and the stitch pattern that you want to use. Using that garment yarn, cast on about 20 stitches and, knitting in the selected stitch pattern, keep adjusting the stitch size (tension) until you get the "hand" (feel - e.g. stiffness or softness) that you want, remembering that the swatch will shrink a certain amount when washed, so decide on a stitch size that is slightly looser than that which gives the desired hand. Make a mental note of the stitch size to be used for the actual swatch, then let's make the swatch.

Using the same kind of yarn that will be used for the garment, but a different color, cast on 70 stitches and knit 1" in stockinet. Then, using the selected stitch pattern (tuck, slip, weaving, etc.) and the stitch size that you previously determined is "right" for your yarn and stitch, knit another 1", still using the different colored yarn. Break this contrast colored yarn and insert the main garment yarn.

Row counter on 000, knit 30 rows. Bring the 21st needle on each side of 0 up to holding position. Lay a 3" length of different colored yarn in the hook of each of these needles and manually pull these needles back to knitting position. Each of these needles now has a contrast colored stitch in it. Knit another 30 rows. NOTE: these counted 60 rows were knitted with the exact same yarn that the garment is to be made from at the pre-determined stitch size(tension) and in the selected stitch pattern, which was established in the last 1" of knitting in contrast colored yarn. Break the main colored yarn and insert the original different colored yarn.

Using the contrast yarn knit 1" in the established stitch pattern. Change to plain stockinet and knit about 4 rows. Make eyelets to correspond to the stitch size that was used (e.g. if you knitted at tension 6, make 6 eyelets). Knit another 1" in stockinet, then bind off.

The swatch is knitted. Now, all you have to do is let the swatch "rest" for a few hours or steam it - right? WRONG! Don't do either of those! If your yarn is machine washable and dryable, put the swatch in the washer and dryer with similar clothing items and wash and dry it as you will the garment when it has been knitted. Now that the swatch has been machine washed and dried you steam it - right? WRONG! DO NOT STEAM IT!

Now you are ready to "measure" the finished swatch. Without stretching the swatch, lay it flat, right side up. If yours is a full scale charting device such as Brother and Toyota have, you will use a metric ruler for all measuring. However, if you have a half scale device such as found in Studio, Singer, and Passap, you will do all "measuring" with the green "ruler". Regardless of the type of charting device and/or measuring system, the measuring is done the same way. Lay the left edge of your "ruler" at the right side of the left contrast colored stitch and read the number which appears at the left side of the righthand contrast colored stitch. This is the stitches measurement (for Studio, etc. it will be a number such as 30, but for Brother, etc. it will be a milimeter measurement such as 152 mm, or 15 cm, 2 mm). To read the rows, keep in mind that each stitch looks like a "v", so when reading this measurement you must include the entire "v" of the main color yarn at top and bottom. The swatch is still right side up and you measure a column of rows of main color stitches, between the contrast color rows. Be sure to keep the edge of the ruler in a straight line, running alongside a channel that separates stitches .

Now that you have taken the measurements, set up your charting device gauges and rulers according to the instructions that accompany that gadget. Select the correct size of pattern to use, making any needed size changes. Knit the garment, join all seams, then machine wash and dry. Very little, if any, steaming should be necessary. Steaming should only be needed at the armholes and neckline area, and then just very light steaming. In the case of a skirt, the hemline should be the only area to require steam.

On the top part of this page, we talked about measuring the swatch for use with charting devices. If you plan to mathematically chart your garment, each of you should use Studio's green "ruler", dividing the stitch gauge and the row gauge by 4 to arrive at the stitches and rows per inch.

---

If you followed all the steps given for making, handling, and knitting, the finished product will be the same size as the drawn pattern! If the garment does not fit the person for whom it was knitted you will have to determine why that is the case. Perhaps the pattern is the wrong size. Perhaps you used too many weights while knitting. Perhaps you allowed garment parts to remain on the machine for extended periods of time. Etc. You have to use common sense plus a tape measure to determine the reason/s.

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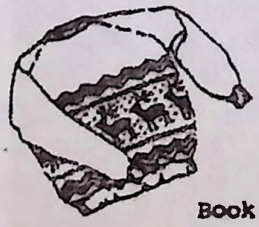

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Patricia Wetzel
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(412)463-8060

Now that you have knitted your tension swatch you need a garment to knit. At the back of this newsletter we have included a vest pattern for women. It has been drawn to half-scale, so those of you with that type of charting device need only re-draw it onto you paper as is, with the exception of spreading the pattern lengthwise as noted on the pattern (standard typing paper is not long enough to include the necessary length for most sizes). If you have a full-scale device, measure all the lines for the size you want, then double all measurements before drawing the pattern for your use.

FINISHED GARMENT MEASUREMENTS

| | XS | S | M | L |
|---|---|---|---|---|
| BUST | 34" | 38" | 42" | 46" |
| ARMHOLE DEPTH* | 6" | 7" | 8" | 9" |
| TOTAL LENGTH | 21" | 23" | 24" | 25" |
| OVERALL SHOULDER WIDTH* | 12" | 13" | 14" | 15" |
| NECK OPENING WIDTH * | 5" | 5" | 5" | 5" |

*These are the finished measurements after the application of bands. All bands are expected to be 1" deep.

This vest may be knitted with the front and back neck shaping the same, for a tank top style. Or, the back neckline may be straight across to the top of the back shoulder shaping for a more traditional style.

Neck and arm bands my be a single thickness of 1x1 rib or a double thickness of stockinet, ribbing, or mock ribbing.

---

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Debbi Daniels
R.D.#6, Box 326
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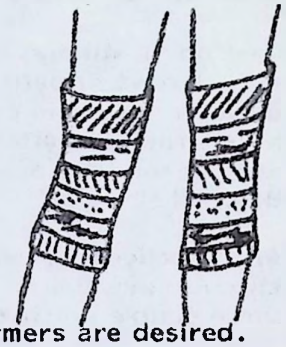
Here are three quickie patterns as the result of the last minute Christmas present panic. I hope your holidays were merry!

## GIRL'S KNEE WARMERS

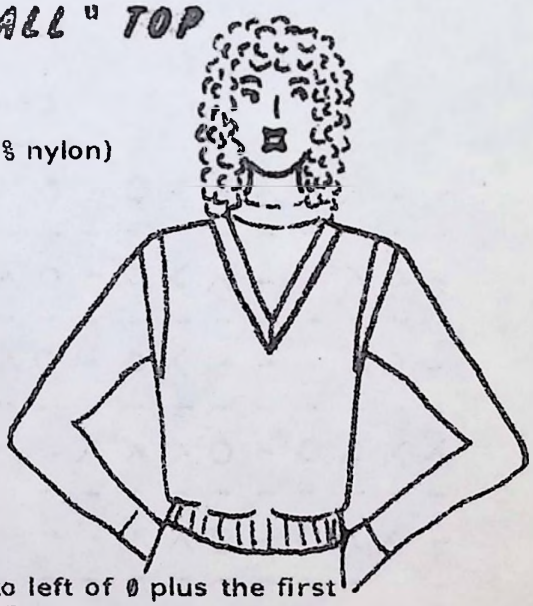


Machine: bulky/chunky
Yarn: Columbia Minerva Shannor in 3 colors
Tension: 8 - gauge not crucial

MAKE TWO ALIKE

Cast on 60 stitches in 1x1 rib.
Working rib throughout, knit 14 rows color A, 14 rows color B, 10 rows color A, 8 rows color C, 10 rows color A, and 20 rows color B.
Add additional stripe patterns if full length leg warmers are desired.
Transfer stitches to the main bed and bind off loosely. Sew center back seam.

## WOMAN'S "ONE SIZE FITS ALL" TOP



Machine: any 4,5 mm
Yarn: Serenity from Dytex, Inc. (96% cotton, 4% nylon) approximately 5 oz.
Tension: 8
Gauge: 22 sts, 36 rs = 4"

BACK

Cast on 110 stitches for 1x1 rib.
T 5 knit 30 rows.
Transfer all stitches to the main bed.
Knit 200 rows.
Scrap off.

FRONT

Work same as back to RC162. Place all needles to left of 0 plus the first needle to the right of 0 in HP. Set carriage for PK. At the neck edge, decrease 1 stitch every-other row to RC200. Scrap off shoulder stitches. Bind off 2 center stitches and reverse shaping for other side.

FINISHING

Join one shoulder seam. Pick up 38 stitches along back neck and 22 stitches along each side of front (note where center front is). Work in 1x1 rib, decreasing 1 stitch each side of front center every other row for 10 rows. Bind off loosely. Join other shoulder seam. Along arm edge pick up 60

stitches on 100 rows either side of shoulder seam (120 sts total). Knit in 1x1 rib for 10 rows. Bind off loosely. Sew underarm side seams.

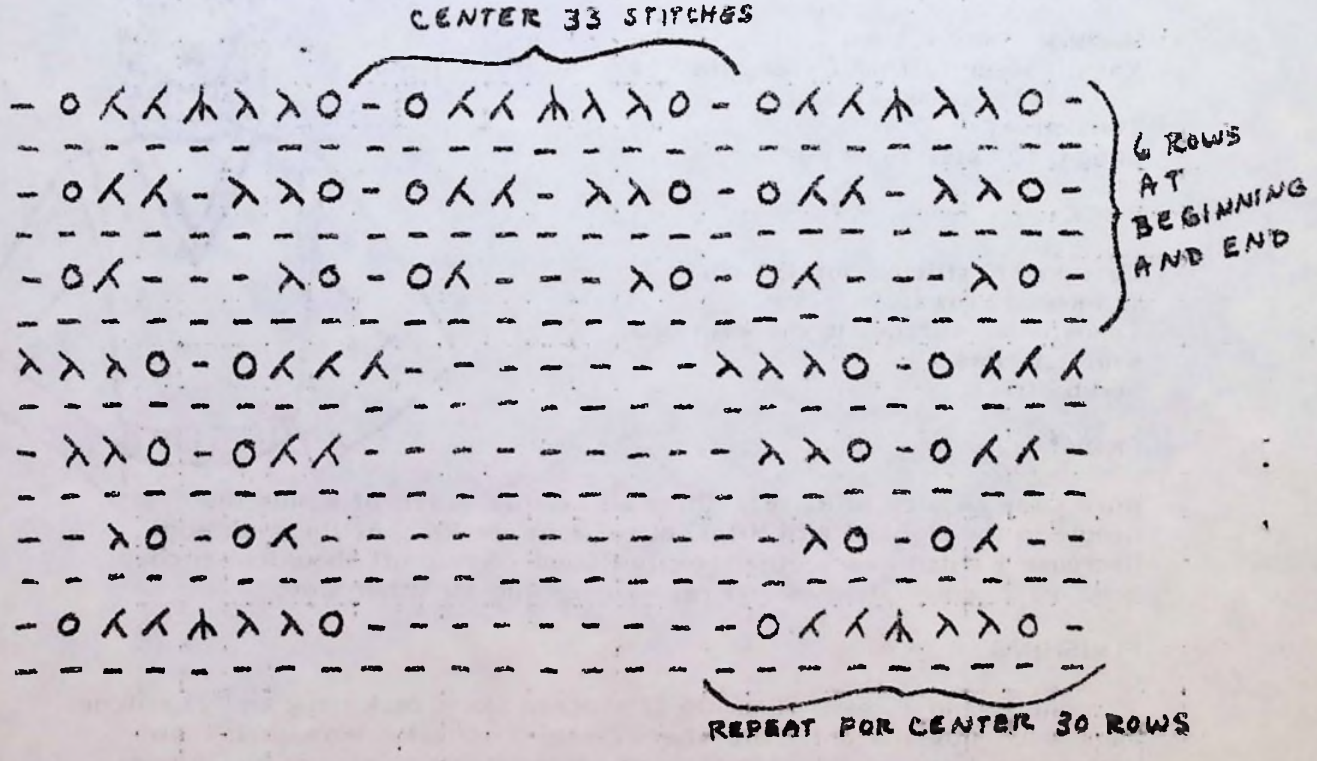
## PLACE MATS

Machine: bulky/chunky
Yarn: 3 ends of 5/2 cotton
Tension: 6 - gauge not crucial

Cast on 60 stitches. Knit 10 rows.
Work 6 rows of pattern on the center 47 stitches.
Work 30 rows doing pattern on stitches: 24 - 0 - 23
Knit 6 rows of pattern on center 47 stitches.
Knit 10 rows plain.
Bind off.

With crochet hook size H work 2 rows of double crochet around edge, one stitch in every stitch of knitting and 2 stitches for every three rows. Work three double crochet in corners.

Make as many place mats as desired. The hand transferred lace may look complicated, but it actually goes quickly.



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We have remembered the man in your life again this issue. I am sure he will enjoy this shawl collared

## MAN'S HEATHER PULLOVER

Yarn: double strand of Tamm 2/20 sport shetland

Machine: any 4,5 mm

Gauge: T 6 7.25 sts, 10,5 rs = 1"

Finished chests: 40,44,48,52"
To fit: 34-36, 38-40, 42-44,46-48"

FRONT

T 0/0 cast on 144,160,174,190 stitches for 1x1 rib. T 1/1 knit 22 rows of ribbing, then transfer all stitches to the main bed. RC000 and T 6 knit even to row 136 for all sizes.

Shape armholes and front neckline: Scrap off 7 stitches each side for all sizes. Bind off 20 center front stitches for base of neckline. Place all needles at the side opposite the carriage into hold position and set the carriage for partial knitting.
*RC000. Working this side, decrease 1 stitch at the arm edge every-other row 7,13, 18,24 times, according to size and, AT THE SAME TIME decrease 1 stitch at the neck-line according to size: every third row 7,5,3,3 times, then every fourth row 18,21,24,25 times. Last decrease row and last row of neck shaping is 93,99,105,109. Carriage is at the neck edge.

Shape shoulder:

40: 7 s 3x, 6 s 2x
44: 7 s 4x, 6 s 1x
48: 7 s 5x
52: 8 s 1x, 7 s 4x.

Knit 1 row over all these 33,34,35,36 shoulder stitches then scrap off.*
Work other side of front from * to *.

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Pat Wetzel
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Indiana, PA 15701

BACK

Work the same as front through armhole shaping, omitting front neck shaping. When armhole shaping is complete on row 14,26,36,48, continue even to row 94,100,106,110.

Shape back neck/shoulders: Putting needles in hold opposite the carriage, follow the shoulder shaping formula given on the previous page for one shoulder, working the same shaping for each shoulder. End by knitting one row over all stitches. Scrap off each set of 33,34,35,36 shoulder stitches plus the 50,52,54,56 back neck stitches.

JOIN ONE SHOULDER SEAM

NECKBAND

RC000. With main yarn and T 6 automatic cast on122,128,132,138 stitches and knit to row 60. Hang a hem from the beginning edge. Wrong side of garment facing you, pick up the 50,52,54,56 back neck stitches and 72,76,78,82 stitches along the adjoining front neck edge, placing these stitches on the same needles containing the band stitches. Bind off. Work another section of neckband having 72,76,78,82 stitches as above and join it to the other side of the front neck edge as before.

JOIN THE OTHER SHOULDER SEAM

SLEEVE

Wrong side of garment facing you, pick up 124,130,138,144 stitches along one armhole, including the scrapped off underarm stitches.. Put all needles in hold except the center 40,44,46,48. Wrapping at the end of each row to avoid a hole, knit 2 rows over these center stitches. All sizes shape cap by returning 5 needles at the opposite side, closest the center, to work at the beginning of the next 2 rows; return 4 needles to work at the beginning of the next 4 rows; return 3 needles to work at the beginning of the next 6 rows; return 2 needles to work at the beginning of the remaining rows until 6 or 7 needles remain in hold at each side; return these needles to work at the beginning of the next 2 rows. Cap shaping is complete.

RC000.
All sizes knit to row 189, decreasing 2 stitches at each side of every 12th row 15 times. At row 189 64,79,78,84 stitches remain. Decrease evenly across to 58,62,62,66 stitches and knit 1 row.

Cuff: Transfer stitches for 1x1 rib. T 1/1 knit even for 22 rows. T 10/10 knit 1 row. Transfer all stitches to the main bed then cast off.

Make the other sleeve the same.

FINISHING

Join all seams. Lap the center front edges of the neckband/collar over one another and stitch in place to the bound off center front neck stitches. Machine wash and dry. Block as needed, shaping collar.

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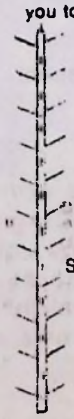

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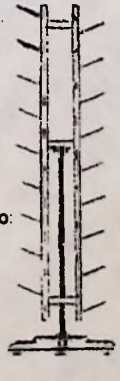

Lois Blystone
R.D.#1, Box 199
Creekside, PA 15732
(412)397-2671

# BABY'S SWEATER

Yarn: double strand of Delsoft
Tension: 5
Gauge: 8.75 sts, 12.5 rs = 1"
Machine: any 4,5 mm
Sizes: 1,2,3

This is a basic pattern. It would be cute to add a little design above the ribbing or some cables on the front.

FRONT

CO 88,92,96 sts for 1x1 rib.
T 1/1 knit 14 rows, then transfer all stitches to the main bed.
Knit at T 5 to row 76,82,94.
RC000. Bind off 3 stitches at the beginning of the next 2 rows, then decrease 1 stitch each side of EOR 2,3,3 times.
Size 1 divide work now and start neck shaping
Size 2 knit 2 rows before dividing work and starting neck shaping
Size 3 knit 8 rows before dividing work and starting neck shaping.

RC000. BO center 8 stitches.
At neck edge decrease 1 stitch EOR 14 times for all sizes.
Continue to row 38 and scrap off.
Repeat for other side.

BACK

Same as front until arm shaping is completed. Contnue to row 38,50,56. Scrap off in sections: the center 36 stitches for back neck and the remaining stitches each side for shoulders.

Join one shoulder seam.

NECKBAND

CO 100 stitches for 1x1 rib. T 1/1 knit 16 rows. Transfer all stitches to the main bad and hang a hem very carefully. Hang the sweater stitches on top and bind off VERY LOOSELY to be sure it will go over the child's head.

Join the other shoulder seam.

SLEEVES

Pick up 52,70,78 stitches around an armhole. Put all needles in HP except the center 24. Knit, putting 3 needles into work opposite the carriage and one in hold beside the carriage until all needles are in work.
RC000. Knit to row 74,80,86. Some decreases may be made, but it's easier to ge on if it is made straight. Reduce to 44 stitches. Knit 1 row. Transfer for 1x1 rib and knit 14 rows ribbing. Bind off loosely.

# MESH LOOK LACE PULLOVER

Renee Gazarik
637 Pine Run Road
Apollo, PA 15613
(412)727-7032

Sizes: 34,36,38
Yarn: 2 strands Acridel
T 6 5.25 sts, 10 rs = 1"
Lace pattern: fishnet lace:

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one repeat shown

BACK/FRONT (make two alike)

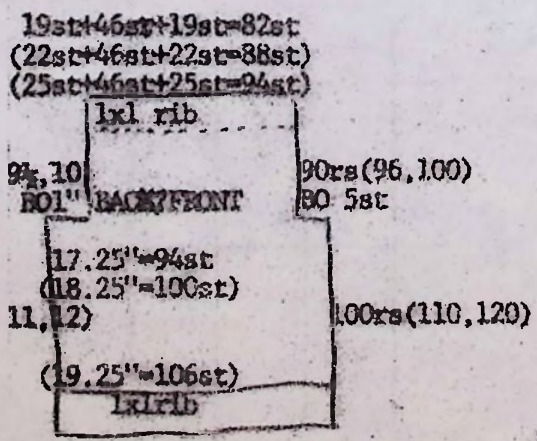
CO 94,100,106 sts 1x1 rib. T 1/1 k 20 rs.
Trnsfr sts MN. T6 RC000
K 1 r stockinet to program lace (with lace carriage).
K in lace to RC100,110,120. RC000.
BO 5 sts beg next 2 rs. K in lace to RC70,76,80. K 1 r stockinet, trnsfr for 1x1 rib. T 6/6 k 20 rs. BO 46 neck sts very loosely. Take shoulder sts off on garter bar or scrap.
Make second piece. Turn second piece with garter bar. Hang first piece over second, right sides together, and join shoulder seams.

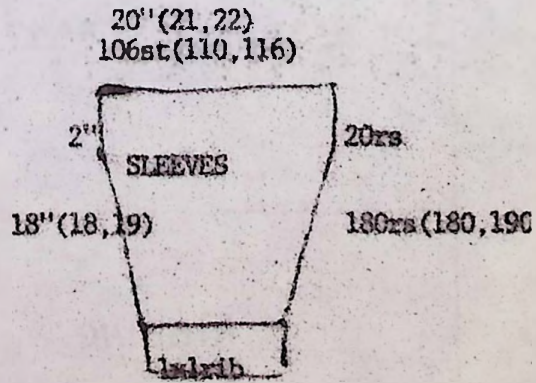
SLEEVES

PU 106,110,116 sts around armhole. K 1 r stockinet with main carriage.
Change to lace carriage and make one free pass to program.
K in lace to RC20.
RC000.
K in lace to RC180, decreasing 1 st each side thus:

34: 10th row 18 times
36: 9th row 20 times
38: 8th row 19 times, then 7th row 4 times.

Trnsfr sts for 1x1 rib. T 0/0 k 20 rs.
BO.
Sew side and sleeve seams.



# WOMEN'S VEST

See sizes and general instructions for the use of these patterns on page 10.